

# GODDESSES WITHIN

An Exploration of the Sexual and Sacred Feminine

Facilitator: Diane Salters, MSc

**27-29 September 2013: Fri 19.00 – 21.00; Sat & Sun 09.30-17.00**

A personal growth workshop based on **Jean Shinoda Bolen's**  
"Goddesses in Everywoman" and many other sources.

"Goddesses Within" offers women a chance to explore their feminine identity through the female archetypes as represented by the major goddesses of ancient Greece and their sisters elsewhere. These archetypes or patterns run deep in our psyche and our culture, influencing us, often without our awareness.

Usually we favour one or two goddesses and neglect others. Sometimes our roles (wife/mother/sister/daughter) activate a particular goddess at a particular stage of our lives. All are valuable and available to us.

Knowing which goddesses are a familiar part of our personality, positively or negatively, expands our awareness. Learning to call on neglected goddesses enables us to develop fresh options.

The workshop format is holistic in its approach, using many media for creatively exploring the feminine in body, mind and spirit. A maximum of 10 participants allows for

**DIANE SALTERS**, an Integrative Psychotherapist, trained in the U.K. She has 30 years of experience working with groups and is a member of UKCP (United Kingdom Council for Psychotherapy) and ITAA (International Transactional Analysis Association). For more information see her web site:

[www.tatransformations.co.za](http://www.tatransformations.co.za)

Cost: **R 1800**. R800 deposit with booking  
Group size: Maximum 10  
Venue: **15 Disa Road, Simon's Town**  
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E mail: **dsalters@iafrica.com**